

BREAKFAST

TILL 3PM

- FULL ENGLISH BREAKFAST** 8.30
Oven roasted tomato, sautéed mushrooms, home made hash browns, beans, grilled cumberland sausage, grilled bacon, eggs, toasted sourdough
- EGGS BENEDICT** 7.80
Toasted English muffin, hollandaise sauce, choose between salmon / bacon / ham / spinach / crushed avocado
- CHORIZO HASH** 7.50
Sautéed potato and spinach, grilled chorizo served with a poached egg and sourdough.
- SIGNATURE OMELETTE** 8.10
3 free-range eggs, onions, mushrooms, bacon and cheese topped with fresh avocado served with sourdough toast
- HEALTHY BREAKFAST** 8.40
Oven roasted oregano tomato, fresh avocado, sautéed spinach, sweet potato, smoked salmon and poached eggs and sourdough.
- MEDITERRANEAN BREAKFAST** 9.90
Fried / scrambled eggs, feta cheese, halloumi, spicy beef sausage, grilled ham, olives, tomato, cucumber, honey, grapes, mixed berries and sourdough.
- ROSTI V** 7.40
Homemade sweet potato and beetroot rosti, crushed avocado, roasted cherry tomato, poached eggs and pesto.
- EGGS ON TOAST** 4.20
Fried / scrambled / poached eggs served with chives and mixed salad.

TILL 3PM

- ROASTED AUBERGINE & PEPPER V** 7.30
Fried eggs, mixed herbs, yoghurt, chilli butter served on home made Anatolian bread.
- VEGETARIAN BREAKFAST V** 8.30
Oven roasted tomato, sautéed mushrooms, spinach, beans, grilled halloumi, eggs, hash browns, toasted sourdough.
- VEGAN BREAKFAST VG** 7.60
Oven roasted tomato, sautéed mushroom and spinach, avocado, beans, sweet potato, sourdough.
- MENEMEN V** 7.30
Sautéed fresh tomato with mixed peppers, spinach, onion, free range egg & crumbled feta cheese.
Add bacon / sausage / halloumi £1.50
- AVOCADO ON SOURDOUGH VG** 6.90
crushed avocado, cherry tomato, chilli flakes
- JAM IN A JAR SWEET PANCAKES V** 7.20
With mixed berries, vanilla sour cream, maple syrup & mint
Add bacon £1.50

EXTRAS

- Feta Cheese, Egg, Mushroom, Tomato, Spinach, Hashbrown £1.20
- Spicy Beef Sausage, Cumberland Sausage £2.00
- Chorizo, Halloumi, bacon, Avocado £2.00
- Smoked Salmon £2.50

WRAPS

ALL SERVED WITH SIDE SALAD
9AM - 3PM
WEEKEND STARTS AT 11AM

- CHICKEN AND BACON** 9.10
Chicken breast, bacon, lettuce, fresh tomato, melted cheese, fresh avocado and dill mayo
- VEGAN VG** 7.40
Grilled mix peppers and mushroom with melted vegan cheese
- AVOCADO AND HALLOUMI V** 7.70
Fresh avocado, hummus, grilled halloumi, sun-dried tomato and mix leaf salad.
- TUNA MELT** 7.40
Tuna, mayo, cheese, tomato, rocket
- SALT BEEF** 7.70
Cheddar cheese, roasted peppers, dill mustard sauce and pickles

SALADS

FROM 12AM

- GRILLED HALLOUMI** £7.70
mixed leaf, sun-dried tomato, grill mix peppers, pomegranete with lemon and olive oil sauce.
- GRILLED CHICKEN** £8.90
grilled chicken breast, cucumber, avocado, beetroot and mix leaf with salad dressing.

BURGERS

SERVED WITH HOMEMADE CHIPS
STARTS FROM 12AM
WEEKEND STARTS FROM 3PM

- THE CLASSIC** 8.30
Home made beef patty, lettuce, tomato, red onion & tomato relish.
- CHICKEN BURGER** 8.30
Grilled chicken breast, lettuce, tomato, red onion & mayo.
- THE VEGAN VG** 8.80
Homemade green peas, spinach and chickpeas, vegan patty burger with sweet potato hummus, sundried tomato, red onion.
- THE VEGGIE V** 8.90
Red kidney beans, roasted mushrooms, brown rice veggie patty served with lemon avocado mayo & home made tomato relish.
- SALMON** 10.50
Salmon pattie made from chopped salmon fillet, seasoned with parsley, onion and and mixed herbs with avocado mayo

EXTRAS	MATURE CHEESE 1.20	FRIED EGG 1.20
	JALAPENO 1.20	BACON 2.00
	GHERKIN 1.20	HALLOUMI 2.00
	FRIED ONIONS 1.20	BLUE CHEESE 2.00
	SUNDRIED TOMATO 1.20	AVOCADO 2.00
	SAUTEED SPINACH 1.20	CHORIZO 2.00

LUNCH

VG VEGAN | V VEGETARIAN | N CONTAINS NUTS | GF GLUTEN FREE

IF YOU HAVE ANY FOOD ALLERGIES & INTOLERANCE, PLEASE INFORM OUR MEMBERS OF THE STAFF

COCKTAILS

CLASSICS

- **MARGARITA** 7.60
Tequila, Cointreau, lime juice, lemon juice.
- **COSMOPOLITAN** 7.60
Vodka, Cointreau, cranberry juice, lime juice.
- **BLODDY MARY** 7.40
Vodka, tomato juice, worcestershire sauce, Tabasco, lemon, salt & pepper.
- **MOJITO** 7.60
Light rum, fresh lime, fresh mint, cane sugar
Add raspberry puree
- **ESPRESSO MARTINI** 8.50
Espresso, vodka, Kahlua, sugar syrup

APERITIFS

- **SPRITZ** 6.90
Aperol / Campari and prosecco topped with soda
- **NEGRONI** 7.40
Campari, sweet vermouth, gin
- **MIMOSA** 5.90
Prosecco, fresh orange juice
- **LE FIZZ** 6.90
Vodka, elderflower liqueur
and lime juice, topped with soda water

HAPPY HOUR

MONDAY TO FRIDAY 4PM - 7PM

- ANY 2 BOTTLES / DRAUGHT BEER. 8.00
- ANY 2 COCKTAILS MARKED WITH ● 10.00
- ANY 2 SINGLE MIXERS. 8.00
- ANY 2 DOUBLE MIXERS 10.00

WINES

WHITE WINES

	175ML	250ML	BOTTLE
CHENIN BLANC 4.50 . . 5.90 . 17.20 South Africa			
PINOT GRIGIO IGT 4.90 . . 6.50 . 18.70 South Africa			
SAUVIGNON BLANC 5.30 . . 7.00 . 21.40 South Africa			

ROSE WINES

	175ML	250ML	BOTTLE
PINOTAGE ROSE 4.70 . . 6.50 . 18.00 South Africa			

RED WINES

	175ML	250ML	BOTTLE
MERLOT 4.50 . . 5.90 . 17.20 South Africa			
MONTEPULCIANO 4.90 . . 6.50 . 18.70 Italy			
MALBEC 5.30 . . 7.00 . 21.40 Argentina			

PROSECCO

	125ML	BOTTLE
PROSECCO 5.20 . 24.90 Venezie		

OUR MIXERS

- SINGLE HOUSE 4.70
- DOUBLE HOUSE 6.70
- SINGLE PREMIUM 5.70
- DOUBLE PREMIUM 8.70

SOFT DRINKS

- GINGER BEER 2.70
- COKE • DIET COKE • COKE ZERO 2.20
- STILL • SPARKLING WATER . . 2.40
- CONCENTRATE JUICES 2.00
- TONIC / SODA WATER 2.00

MILKSHAKE 3.50
CHOCOLATE / VANILLA
STRAWBERRY / CARAMEL

COFFEE

- ESPRESSO • MACCHIATO 2.20
- AMERICANO 2.40
- FLAT WHITE • CORTADO 2.60
- LATTE • CAPPUCCINO 2.60
- HOT CHOCOLATE 2.60
- MOCHA 2.70
- ICED LATTE 2.90
20p for any non-dairy milk

OUR SPIRITS

- SINGLE SHOT 3.50
- DOUBLE SHOT 5.00
- PREMIUM SINGLE SPIRIT 5.00
- PREMIUM DOUBLE SPIRIT 8.00
- SUPER PREMIUM SINGLE SPIRIT 12.00
Ask at the Bar for more info:)

FRESH JUICES

- ORANGE • APPLE • CARROT . . . 3.20
- COMBO JUICE. 3.70
- WAKE UP Orange, apple, lemon
- THE BOOST Carrot, apple, ginger
- CHILL OUT Apple, cucumber, mint, lime
- POWER UP Orange, carrot, lime
- HOMEMADE FRESH LEMONADE . . 3.20
still or Sparkling

TEA

- TEA POT 2.60
Breakfast, Earl Grey, Rooibos, Chamomile,
Green, Assam Tea Peppermint, Lemongrass
- FRESH TEA 2.70
Fresh Ginger • Fresh Mint
• Fresh Lemon • Honey
- COMBO FRESH 2.90
Fresh Ginger & Fresh Lemon & Mint & Honey
- HOME MADE ICED TEA 2.90

OUR DRAUGHT

- PRAVHA 4% Pilsner (Czech Republic) 4.50
- CHIEFTAIN IPA 5.5% Ipa (Ireland) . . 4.70
- ORCHARD CIDER 4.5% Cider (England) 4.60
- SHANDON STOUT 4.3% Stout (Ireland) 4.70
- TOASTED LAGER 5.5% Amber (USA) 4.90

SMOOTHIES

- BREAKFAST SMOOTHIE 4.50
Banana, oat flakes, non-dairy milk, cinnamon
and peanut butter
- MERRY BERRY 4.00
Blackberry, strawberry, raspberry,
blueberry & banana
- STRAWBERRY SUNSHINE 4.00
Strawberry, mango & banana
- TROPICAL CRUSH 4.00
Passion fruit, papaya, mango & pineapple
- GROOVY GREEN 4.00
Avocado, spinach, green apple,
william pear, mint & lemon zest
- BEET N' BERRY 4.00
Beetroot, rasperberry & banana

OUR COFFEE

SPECIALLY ROASTED
FOR JAM IN A JAR
BY DRURY ESPRESSO.

FACEBOOK.COM/JAMINAJAR.CO.UK
INSTAGRAM.COM/JAMHARRINGAY
JAMINAJAR.CO.UK

